



**G.R.B.A 25th ANNUAL**

**5K Road Race**

**Goose Rocks Beach, Kennebunkport, Maine**

**Thursday July 4<sup>th</sup> 2019 9:00 am**

**Divisions:** 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

> *Divisions are Male and Female*

**Entry Fee:** \$30.00 before July 4<sup>th</sup>

\$40.00 Post

> *Please make all checks payable to G.R.B.A.*

**Mail To:** Goose Rocks Beach Association

P.O. Box 140

Kennebunkport, ME 04046

**Additional Information:** Road Race T-Shirts will be given to the first 600 Entries.

> Mile Splits

> Water Stations

> Refreshments

> Awards Ceremony will take place after the race is completed.

> Results will be posted on [www.coolrunning.com](http://www.coolrunning.com)

**For More Information:** Please call (207) 967-4115 or visit us online at: [www.grba.info](http://www.grba.info)

**Records: Male: Anthony Rowe, Hunt Valley, MD: 15:39:4. 2009**

**Female: Abbey Leonardi, Kennebunkport, ME: 17:18:0. 2012**

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Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_

**Please Check One: Female  Male**

*I hereby for myself, my heirs, executors, and administrators waive and release any and all claims for damages I may have against the Goose Rocks Beach Association, the town of Kennebunkport, Sponsors, Race officials, organizers, and volunteers associated with the event, for any injury.*

Signature

Under18 Parent/Guardian Signature

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Immediately following the Road Race, please join us for our 25th annual Kids Bike Parade, starting at the General Store.